

EAP ASSESSMENT AND REFERRAL SPECIALTY AND CIGNA CONFIDE

Cigna Behavioral Health

Employee Assistance Program (EAP) Assessment and Referral specialty and Cigna Confide opt-out form

DIRECTIONS:

To avoid the potential loss of data, please complete the following steps and submit this form.

- Step 1:** Save this form to your computer
- Step 2:** Complete the form in its entirety using Adobe Acrobat Reader DC
- Step 3:** Save the completed form to your computer
- Step 4:** Submit the saved form to Cigna using one of the methods listed below

As a participating provider with Cigna Behavioral Health, Inc., you have been automatically identified as having the Employee Assistance Program (EAP) Assessment and Referral specialty and providing services under the Cigna Confide program, unless you elect to opt out.

With this specialty, you are able to perform EAP assessment and referral services and render treatment under the Cigna Confide program, which include:

- Short term counseling that focuses on problem identification and resolution; and/or
- Referral to an appropriate resource to complete problem resolution.

Unless you submit this opt-out form as directed below, you may receive EAP and Cigna Confide referrals from Cigna and your directory profile includes the Cigna EAP Assessment and Referral specialty.

I would like to **opt out** of the EAP Assessment and Referral specialty and Cigna Confide program.

Date: _____ Provider name: _____

National Provider Identifier (NPI): _____ Provider State: _____

Provider signature: _____

Why are you choosing to opt out?

- Contracted rate for CPT® code 99404
- EAP billing and administration process
- Not accepting new patients
- Other (*please explain*): _____

Please email, fax or mail your opt-out request to:

- **Email:** cforms@cigna.com
- **Fax:** 860.687.7257
- **Mail:** Cigna Behavioral Health
Attn: Network Operations - EAP
6625 W 78th Street, Suite 100
Bloomington, MN 55439



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